

The Medicine and Allergy Card

Print once, cut in two, keep one on the fridge at each home. The same facts in both kitchens, so nobody ever has to phone to check a dose.

| | |
|---------------------------|------------------------|
| CHILD'S NAME | BIRTHDAY |
| ALLERGIES | REACTIONS TO WATCH FOR |
| DAILY MEDICATION AND DOSE | WHEN IT'S GIVEN |
| AS-NEEDED MEDICATION | WHEN AND HOW MUCH |
| DOCTOR | CLINIC PHONE |
| EMERGENCY CONTACT | PHONE |

----- CUT HERE · SECOND CARD FOR THE OTHER HOME -----

| | |
|---------------------------|------------------------|
| CHILD'S NAME | BIRTHDAY |
| ALLERGIES | REACTIONS TO WATCH FOR |
| DAILY MEDICATION AND DOSE | WHEN IT'S GIVEN |
| AS-NEEDED MEDICATION | WHEN AND HOW MUCH |
| DOCTOR | CLINIC PHONE |
| EMERGENCY CONTACT | PHONE |

Update both cards on the same day whenever anything changes, and date them so the newest version is obvious.

LAST UPDATED
