

The Handover Checklist

Pack the night before, tick as it goes in the bag. Print two and keep one by each front door.

Always travels

The standing items that go both ways, every time.

- Comfort object
- School bag and homework
- Water bottle
- Jacket or raincoat
- Shoes for the week
- Glasses
- Sleep things
- Favourite book
- _____
- _____
- _____

This time only

The one-off items for this particular handover.

- Library book due back
- Sports or swim kit
- Party gift and card
- Device and charger
- Show and tell item
- Returning borrowed things
- _____
- _____
- _____
- _____
- _____

Always check before leaving. Medication packed with the doses written down, and anything the other home needs to know today, passed on in a short written note.

Why a list at all

A checklist keeps the handover about the bag, never about the people. Nothing forgotten means nothing to chase, and nothing to chase means the goodbye stays light. When age allows, pack with your child rather than for them; it turns the move between homes into something they can do, not something that happens to them.